Instructions For the Fastime 0 Stopwatch: With basic start, stop, cumulative split and time of day functions

Press button **B** to switch between stopwatch and time of day modes

Stopwatch mode:

A	B	C	Event Timing:	Split Timing:	1-2 Finish:

			C – Start
			
			C – Stop
			      (time Out)
			
			C – Continue
			
			C – Stop
			
			A - Reset
				C –Start
				
				A – Split
				
				(cumulative)
				
				A – Release.
				
				C – Stop
				
				A - Reset
					C – Start
					
					A – Stop
					
					C – Stop
					      (1st finish time)
					
					A – Release
					      (2nd finish time)
					
					A - Reset

Time of Day Mode:

Time Date & Alarm Display:	How to Set Time & Date:	How to Set Alarm:
Press button **B** to switch between stopwatch and time of day display. Hold **C** to display month date and day. Hold **A** to display alarm Hold **A** then press **C** to set alarm on or off	Press button **B** 3 times to enter set mode. Press **A** to select the digit Press **C** to change digits (seconds reset to zero) Hold **C** for rapid digit change Press **B** to return to time display.	Press button **B** 2 times to enter set mode Press **A** to select the digit Press **C** to change the digits Press **B** to return to Time of day display.
AST Limted. +44(0)1530 411321. E.mail: admin@astopwatch.co.uk **www.astopwatch.com**		