Instructions For the Fastime 21 Stopwatch: 100 lap memory, repeating countdown timer, pacer, time of day/date,alarm,

A	B	C

Stopwatch Event Timing:

Press **C** – Start,**C** – Stop (time Out).**C** – Continue
C – Stop **A** - Reset

Split Timing:

Top display shows cumulative time to last split.
Middle display shows previous split lap time. Bottom display shows the cumulative running time

Press **C** –Start,

A – Splits,

C – Stop. **A** - Reset

Memory Recall: Press **B** anytime to recall memory.
Press **B** each split time to show split times starting from the first split. Each display shows the split number, the lap time and cumulative time.
Press **C** to show the average lap time
Press **A** to show the fastest and slowest lap times
Press **B** to return to running time

Press **MODE** button to move to Repeating Countdow Timer (9hr 59m 59sec) display:

To set timer, Press and hold **A** until digits flash. Press **A** to choose digits to change.
Press **C** to change the digits. Press **MODE** to exit setting.
To start/stop the timer press **C**
The timer counts down to zero and repeats. The number of repeats is shown in the displaydisplayed.

Press **MODE** button to move to Pacer display:

Press **A** to set the pacer (from 10 to 320 per minute). Press **C** to start/stop the pacer

The display shows the frequency rate. The running total of frequencies and a 1/100th sec stopwatch.

<u>Press **MODE** button to move to Time of Day/date display:</u>

To set time of day and date, Press and hold **A** until digits flash. Press **A** to choose digits to change. Press **C** to change the digits. Press **MODE** to exit setting

<u>Press **MODE** button to move to Alarm/Time of Day display:</u>

To set alarm time, Press and hold **A** until digits flash. Press **A** to choose digits to change. Press **C** to change the digits. Press **MODE** to exit setting